

# ALUMNI NEWS

A MONTHLY NEWSLETTER BROUGHT TO YOU BY MERCY COLLEGE OF OHIO

## Top stories in this newsletter:



**MERCY HEALTH  
CAREER FAIR**



**FREE CME/  
CE CREDITS**



**LENTEN  
SERVICE**



**FINANCIAL  
WELL-BEING**



**MOVIES FOR  
MENTAL HEALTH**



**ALUMNI  
SPOTLIGHT**

## CAREER, SPIRITUAL, PROFESSIONAL, AND MENTAL HEALTH EVENTS OFFERED TO MERCY ALUMNI

### MERCY HEALTH SPRING 2021 VIRTUAL CAREER FAIR – APRIL 15



Mercy Health Talent Acquisition, in collaboration with Mercy College of Ohio, is hosting a Spring 2021 Virtual Career Fair on Thursday, April 15. Individuals from all healthcare backgrounds and levels of education are encouraged to attend. The virtual fair provides the opportunity to:

- Engage in video, audio, and chat communication with recruiters from Mercy Health
- Learn about company values and mission
- Engage in major and/or role specific conversations with recruiters
- Learn about career progression and job opportunities within the ministry

[Pre-Register now](#). Sessions are available 9:00AM - 11:00AM, 1:00PM - 3:00PM, 4:00PM - 6:00PM (EST).

**Healthy State Alliance**  
OHIO STATE UNIVERSITY + MERCYHEALTH

**EVENT SPEAKERS:**

- The Practitioner - A Primary Care Perspective**  
Randy Meier, MD, FAAP  
Professor of Family Medicine  
Assistant Vice-Chief  
The Ohio State University Wexner Medical Center
- A Cardiorespiratory Perspective**  
James A. Fleck, MD  
Chief Medical Officer  
St. Vincent Medical Center
- A Musculoskeletal Perspective**  
Alan Brown, MD, PhD  
Assistant Professor  
Director of Rheumatology and Immunology  
The Ohio State University Wexner Medical Center
- A Gastrointestinal Nutrition Perspective**  
Edward Levine, MD  
Director of Gastroenterology, Hepatology and Nutrition  
The Ohio State University Wexner Medical Center
- A Neuropsychiatric Perspective**  
W. Carlos Fisher, II, MD, PhD  
Suzanne McLaughlin, MD  
Behavioral Health  
Bon Secours Mercy Health

**Registration of Learning**  
Kevin Hartman, MD  
Chief Medical Officer  
Bon Secours Mercy Health  
Medical Group

**COVID-19 for the Long Haul**  
April 10, 2021  
8:00 – 11:30 a.m.  
3.25 continuing education credits hours available

Learn from a team of multi-disciplinary experts on caring for patients in post-COVID recovery featuring topics such as:

- Risk factors and symptoms
- Appropriate evaluation and management
- The role of exercise, therapy, pain management and nutrition
- Social, financial and population health impact
- Community resources to assist with recovery

This event is open to all clinicians but specifically designed for physicians, advanced practice clinicians, nurses, medical assistants and social workers.

**Accreditation & Designation Information**  
This activity is approved for 3.25 ACCME Category 1 CME credits. It is also approved for 3.25 ACPE Category 1 CE credits. It is also approved for 3.25 ANCC Category 1 CE credits. It is also approved for 3.25 AHA Category 1 CE credits. It is also approved for 3.25 AHA Category 1 CE credits. It is also approved for 3.25 AHA Category 1 CE credits.

**Join us for a free, live virtual event.**  
Registration required by April 2 at <http://bit.ly/3kjszap>

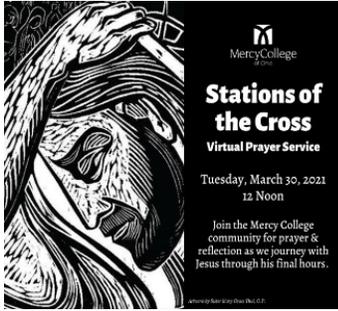
### CME/CE CREDITS NOW AVAILABLE

Join us Saturday, April 10 from 8:00-11:30AM (EST) for a free, virtual event where you can earn up to 3.25 continuing medical education (CME) credits and continuing education (CE) hours. COVID-19 for the Long Haul is an event that provides you with the opportunity to learn more about the management of conditions following a COVID-19 infection.

In support of improving patient care, this activity has been planned and implemented by Bon Secours Mercy Health and Mercy St. Rita's Medical Center. Mercy St. Rita's Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American

Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Event speakers will include employees of Bon Secours Mercy Health and The Ohio State University Wexner Medical Center.

Registration is required by April 2. Learn more and register now at: <http://bit.ly/3kjszap>



### [LENTEN SERVICE – MARCH 30](#)

Join the Mercy community for a Lenten prayer and reflection on Tuesday, March 30 at noon (EST) as we journey with Jesus through his final hours. All are welcome to attend. [RSVP now](#).

For more information, contact Annie Devine- Mercy College Director of Campus Ministry and Service Learning at [Annie.Devine@mercycollege.edu](mailto:Annie.Devine@mercycollege.edu) or 419-251-1866.

Campus Ministry at Mercy College offers spiritual support, prayer, service, and social justice education. We accept and share prayer requests with the college community at <https://bit.ly/38X8gZ9>. Learn more about Campus Ministry through our [virtual tour](#).



### [FINANCIAL WELL-BEING](#)

An important step in gaining control of your financial situation is financial well-being. On February 16, March College's Director of Career, Professional Development, and Retention shared tips on budgeting, how to budget, and more. You can view a recording of the session [here](#). To view budget sheets and money saving tips and tricks discussed during the session, see the attached document titled "Financial Well-Being".

Mercy College is pleased to offer career resources for current students and alumni. Visit the [Career Assistance portion of the Mercy College Alumni website](#) (located underneath "Alumni Resources") for more information. Resources include resume/cover letter formatting, career packets, LinkedIn profile guidelines, and job boards.

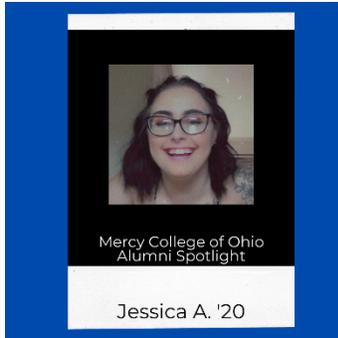


### [MOVIES FOR MENTAL HEALTH](#)

On February 17, Mercy College partnered with *Art with Impact* to offer "Movies for Mental Health." During the session, participants viewed the emotional power of short film and engaged in dialogue on the topic of mental health. To view these short films and a list of resources discussed during the session (mental health resources, local mental health professionals, and mind/body exercise links), see the attached document titled "Movies for Mental Health".

Mercy College provides free and confidential mental health counseling appointments & a relaxation and sensory room for current students. Learn more about counseling and wellness services through our [virtual tour](#).

**To ensure that you receive notification of events such as these, be sure to update your information with the Mercy College Alumni Department.**



### Jessica Allen '20– ALUMNI SPOTLIGHT

Jessica Allen graduated from Mercy College in December 2020 with a Polysomnographic Technology certificate. This credit certificate program is designed in a three-semester format, which allows the student to complete the required credit hours in one year. Courses include both lecture and lab, providing students with both the knowledge and hands-on experiences required to be successful in the field of polysomnography- a healthcare field that utilizes diagnostic tests, known as sleep studies, to diagnose and treat sleep disorders.

Jessica shares, “I met some of my best friends at Mercy College. The most rewarding part the program was finishing clinicals and knowing that even during a pandemic, I made it through! It’s a short program and is so worth it in the end. The coursework and clinicals prepared me really well for my career.”

To those considering the Polysomnographic Technology certificate at Mercy, Jessica says, “Go for it! The (12-month certificate) prepares you for so much more than you would think possible... and don’t be afraid to apply for jobs.” Prior to graduation from Mercy, Jessica landed a dream-job as a Sleep Technician at The Cleveland Clinic. One of her best friends/classmates from Mercy also received a job offer from the Clinic.

Learn more about the Polysomnographic Technology Certificate at: [www.mercycollege.edu/sleep](http://www.mercycollege.edu/sleep)

We’re proud of the ambitions and accomplishments of our students and alumni. Each month, current students and/or alumni will be recognized. Tell us your Mercy story. Please email suggested names to [Alumni@mercycollege.edu](mailto:Alumni@mercycollege.edu) or complete a nomination form [here](#).

#### **Peer-nominations and self-nominations are accepted.**

The Mercy College of Ohio Alumni Department is committed and focused on providing Mercy alumni an experience which is informative, engaging and fun! We're there for you whether you're enjoying one of our alumni events or supporting Mercy as a volunteer.

Your Alumni Department goes the extra mile to keep you informed.

Your Mercy Pride is ours as well – To ensure this newsletter is as informational as possible, please send your comments and article submissions to:

Mercy College of Ohio  
Attn: Alumni Department  
2221 Madison Ave.  
Toledo, OH 43604  
[alumni@mercycollege.edu](mailto:alumni@mercycollege.edu) | 419-251-8993 (alum)

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