

COMPLETE YOUR FITNESS CENTER WAIVER

**Waivers are now found online, visit “Fitness Resources”
on bsmhbeWell.adurolife.com**

New or Current member?

Complete an Onsite Fitness Center Waiver for access. Update your waiver for continued access prior to January 31st each year. Current members who do not update their waiver will lose access to the Fitness Center.

Non-Associate?

Student, Affiliate, Contractor, Volunteer?

Please email Michelle Perry at MPerry4@mercy.com for a link to complete a fitness center waiver.

Please be advised access will be granted within 10-12 business days upon completing the Fitness Center Waiver survey.

Visit bsmhbeWell.adurolife.com for programs, activities and resources to address your well-being in mind, body and spirit.

Questions about Be Well, program requirements, points, or challenges?

Email BeWellSupport@adurolife.com or call 855-376-6474 (M-F, 9a.m. – 9 p.m. ET)